

# Food for Thought

Do you have a difficult time finding quality time with your family?  
Are you too worn out at the end of the day to eat a good meal?  
Let our church help!

We bring the groceries, recipes, plus experienced chefs.  
You walk away with 12 meals (6 recipes) for your freezer.

## THIS MONTH'S MENU

Sunday Souper Spaghetti, Mini Cheddar Meat Loaves, Mystery Chicken,  
Runzas, Crockpot Ham, Potato Soup, Shredded Chicken  
(3-4 servings per meal)

Child care with faith based activities will be provided for children, infants through 5th grade

**When?** Saturday, February 10, 8:30-12:30

**Where?** First Presbyterian Church, 505 Franklin St., Waterloo

**How much?** \$70, the price of groceries payable the day of cooking

**What to bring?** A cooler to take home meals

**When do I need to sign up?** Deadline February 1

[Click here to sign up!](#)